



**GET LEAN!**  
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For

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Pack it all in to Hydrapak's Metro backpack: a well-cushioned pack with lots of pockets that holds all your belongings in style. \$124.99 at [hydrapak.com](http://hydrapak.com)

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Made of textured radiated sterling silver, this handsome Day 'n' Night carry-all will have him smelling good year 'round. \$500 at [Perfumania.com](http://Perfumania.com)

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**Want Some Cheese?**  
Give your wine connoisseur the ultimate wine gift set with Wine for Dudes, by Tasting Room created by self-trained wine guru and best-selling author, Gary Vaynerchuk. \$32.99 at [tastingroom.com](http://tastingroom.com)

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**Don't Bother Him**  
XZipit by La-Z-Boy recliner comes made to order with his favorite sport's team logo and mascot panel to show off his true team spirit. The panel can be removed to transform the recliner into everyday use. \$729-\$889 at [xzippanels.com](http://xzippanels.com) and [www.la-z-boy.com](http://www.la-z-boy.com)

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FREE!  
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*live, love, laugh!*

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