

# ESSENCE

## 50 Things

### WORK & WEALTH | THE BIG BLACK BOOK OF WEB SITES

ancestry MatriClan or PatriClan test kit.



#### fastweb.com

This site boasts a free scholarship matching service.



#### half.com

Buy and rent textbooks for much cheaper than retail.



### Health & Wellness

#### sparkpeople.com

Get personalized diet and fitness plans. Plus, you can connect with others who are trying to lose weight.



#### blackgirlsguidetoweightloss.com

Find recipes, learn new workouts, shop for equipment—do it all at this site.



#### calorieking.com

Want to know how many grams of fat were in that KFC meal you just ate? Get the 411 here.



#### letsmove.gov

The First Lady's site details how to eat right and get enough exercise.



#### eatwellguide.org

Look up healthy restaurants, farmers' markets and community-supported agriculture in your 'hood.



#### tastebook.com

Discover easy ways to collect, organize and share your favorite recipes.



#### livestrong.org

It offers inspirational messages to help empower those affected by cancer.



#### mayoclinic.com

Find health information for hundreds of conditions. You can check your symptoms and improve your lifestyle.



#### blackwomenshealth.org

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#### black

Local

physicians in your area.



#### black

Local

physicians in your area.



#### psychcentral.com

Review detailed descriptions on social and psychological conditions prevalent in the Black community.



#### dcdistrictdiva.com

This blog, which won a 2011 Black Weblog award, captures the spiritual walk of a twentysomething who serves

up funny, poignant ditherings about her faith.



#### bibleverses.smallte.ch/ bible-verses-deluxe\_en.html

Download this app to read The Good Book.



#### essence.com/love

Pics of sexy Black men, dating tips and real talk from relationship experts—what



#### TASTINGROOM.COM

Indulge in good heart

health by exper-

encing

wine from

around

the world

through

exclusive

samples.



#### ADDITIONAL REPORTING BY

Ashley Calloway, LaParis Hawkins, Danielle Hester, Noelle Jones, Janine Rayford, Stephanie K. Taylor, Damon Turner and Keith Woods.

#### DISCLAIMER

Unless noted, discounts are available from October 14 to November 30, 2011.

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### BARGAIN SHOPPING

Save big money with these discounters

#### spafinder.com

Find trusted spas and wellness centers. Purchase a SpaFinder gift certificate this month using the promo code **ESSENCE** for 10% off.



#### fashionvault.ebay.com

Shop the biggest names in fashion and save up to 80% off. But timing is everything; sales last only 60 hours.



#### bagborroworsteal.com

Rent a Coach, Louis Vuitton or Prada bag. With membership—\$5 per month—you get 20% off the rental cost.



#### shopathome.com

Search 100,000 coupons and deals.



#### renttherunway.com

Browse and rent pieces for special occasions. Enter code **ESSENCERT15OFF** at checkout for a 15% discount.



#### geeks.com

Locate huge deals on your favorite gadgets from this direct-to-consumer e-commerce site.



BEAUTY SECRETS  
The Best Treatments To Get Even Skin Tone

## Black Woman's Web Guide

### HOW TO...

- Earn Cash
- Find Great Deals
- Land A Job
- Start & Grow Your Biz
- Meet A Man & Stay Safe

